

BIAS STRIPS

We use bias strips to make bias binding for quilts, bias tape for applique and strips for fabric rope bowls and much more...

Cutting the bias strips (doesn't have to be a square)

- 1 fat quarter will yield 3.5 mtrs (or 140") of 2" strips
- 1 meter square yields 18 meters (or 710") of 2" strips
- cutting from a fat $\frac{1}{4}$ (fold a boy scout tie)
- cutting from a large piece of fabric [folding and cutting on the bias](#)



To make bias binding

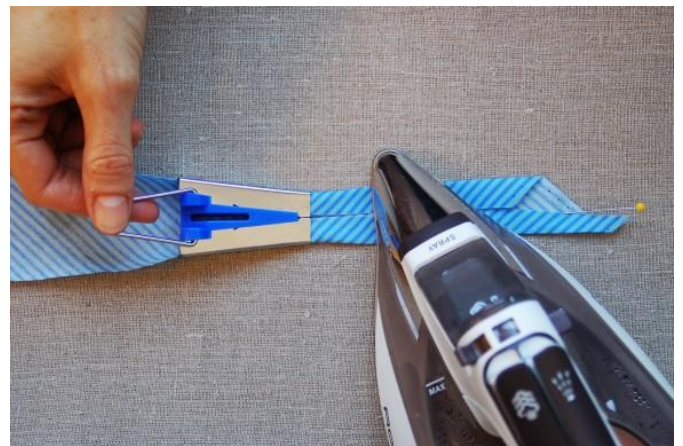
- sew strips together to the required length
- Fold in half longways and steam press

To make bias tape

- For wide strips, fold in half as above, open out and press each raw edge into the centre fold to form tape

Using the bias makers (Clover is best)

- Cut strips double the finished width of the bias tape, plus $\frac{1}{16}$ "
- Cut a corner off to form a point at the end of the strip, feeding into the bias maker
- Pin end onto ironing board and push steam iron towards the bias maker and along the strip to make the bias tape



Stitching applique

- Dot Roxanne glue onto the back of the tape and stick to background fabric to hold strip down for stitching
- or use fusible tape in the bias maker to add strip of adhesive to the back
- Sew inner curve first (don't stretch) and outer curve last (stretches)

Jill Finlay - [bias strip tutorial](#) and [bias tape for applique](#) using spray starch

[fusible-bias-tape-made-easy](#)

Latifah Saafir - [bias tape for modern quilts](#) and [create bold designs with bias](#)